



Seahorse Swim Lesson 2011 Registration

Mail to: WRC, P.O. Box 52, Westminster, MD 21158

Phone: 410-848-2918

Student Information:

Student's Name (Last)		(First)	
Address		City	State ZIP Code
Day Phone Number	Evening Phone Number Best Time to Call	Emergency Contact Name: Phone Number:	
E-mail Address		<input type="checkbox"/> Resident <input type="checkbox"/> Non-resident	
Have you ever taken swim lessons at the Westminster Riding Club before? YES NO			
Elsewhere? YES NO If answered YES, where? _____			
What level class have you completed ? (Circle) I II III IV V VI			

SUMMER '11 COURSES

Seahorse Swim Lessons

Pre-School Aquatics
(Children between the ages 4 – 5)

Learn-to-Swim Level 1

Learn-to-Swim Level 2

Learn-to-Swim Level 3

Learn-to-Swim Level 4

Learn-to-Swim Level 5

Learn-to-Swim Level 6

Course Descriptions:

(Note: It is quite common for children to participate in several sessions of a certain level before they are able to successfully demonstrate all the skills. That's okay!)

Pre-School Aquatics:

Your child is introduced to basic skills. These skills lay the foundation for future skill development of swimming strokes.

Learn-to-Swim Level 1:

Your child will continue to build on basic skills. They will be introduced to more advanced water skills. Essentially getting in, getting wet and going under.

Learn-to-Swim Level 2:

Your child will build on skills learned in Level 1. This course covers the fundamental aquatic skills including: breath control and arm/leg coordination while building on previously learned skills.

Learn-to-Swim Level 3:

Your child will be challenged to develop his/her strokes. They will also learn the fundamentals of front crawl and back crawl and possibly some butterfly.

Learn-to-Swim Level 4:

Your child will improve his/her strokes. They will also learn the breaststroke, elementary backstroke, and the whole butterfly.
(This lesson will prepare your child for swim team)

Learn-to-Swim Level 5:

Your child will have time in the water to refine his/her strokes. Beginning with the sidestroke, racing starts and turns, and endurance swimming. They are learning to perfect their strokes.

Learn-to-swim Level 6:

A vigorous course that challenges both children and adults. As a fitness swimmer, you learn the principles of training and evaluate your own level of fitness.



SUMMER '11 SESSIONS		Swim Lessons Fees	
Session 1	JUNE 20 – JULY 1	Members:	\$35
Session 2	JULY 4 – JULY 15	Non-Members:	\$55
Session 3	JULY 18 – JULY 29	Classes Run:	Monday – Friday
		Time:	8:45AM – 9:15AM

Course Name	Session	Fee	Participant Name First Last	Date of Birth	M/F	Questions?

Total fee: _____

Please make checks payable to: **WRC**

Payment must be included with registration.

Please mail complete registration to: **WRC, P.O. Box 52, Westminster, MD 21157.**

Signature: _____ Date: _____

Parent/Guardian signature required for all participants less than 18 years of age.

QUESTIONS:

Contact **Andrew Corbin** – Assistant Manager / Certified Red Cross Swim Instructor

Email: swim.lessons@ymail.com

Cell: 443-293-2326

